

DOCTORATE IN MARRIAGE & FAMILY THERAPY



COLLEGE OF
PSYCHOLOGY & COUNSELING



PROGRAM OBJECTIVES

- ▶ Students will be able to demonstrate essential knowledge of systemic theory and the principles of marriage and family therapy, related to clinical case conceptualization, diagnosis, intervention, and the use of community mental health resources and, to write and articulate their personal theoretical model for therapy.
- ▶ Students will be able to demonstrate skills that reflect high standards of professionalism and commitment to ethical and professional behavior consistent with the standards of marriage and family therapy and Christian principles.
- ▶ Students will be able to demonstrate clinical skill and the ability to apply effective therapeutic techniques to meet the diverse needs of individuals, couples and families.
- ▶ Students will be able to conduct and evaluate research to ensure high standards of therapeutic application and contribute to the field of marriage and family therapy.

CAREER OPPORTUNITIES

With a doctorate in Marriage & Family Therapy, you can follow career paths that branch out beyond what a Master's degree alone might afford you. Not only would you engage in clinical work but you would also find opportunities in higher education and administration that would take your career to a whole new level. If you enroll in HIU's DMFT program, you would earn your M.A. in Marriage & Family Therapy along the way, allowing you to begin earning income with clinical work while you complete the requirements for your doctorate degree.

College Professor /
Academia

Department Director

Agency Administrator

Universities & Research
Centers

Private Practice

Department of Mental Health



Total Units: 120



Courses: On Campus



Student / Teacher Ratio: 13:1



I could not have picked a better program. From my professors I learned so much in the classroom about therapy, and even more about life. The professors are kind, empathetic and your biggest cheerleaders to get you across the finish line. The classes teach you all the tangible skills and knowledge to prepare you to be the best therapist you can be.

- Megan Allcock
MFT Graduate



WISC

BBS
Board of Behavioral Sciences

DOCTORATE IN MARRIAGE & FAMILY THERAPY

PLEASE SEE CURRENT CATALOG FOR ADDITIONAL COURSE OPTIONS.

PROGRAM CURRICULUM

PREREQUISITES *(If Required)*

PSY4310	Community Mental Health	3
PSY5010	Counseling Theories	3

AREA I: THEORETICAL FOUNDATIONS

PSY6100	Lifespan Development	3
PSY6130	Theories of Marriage & Family Therapy	3
PSY5200	Substance Abuse, Addiction & the Family	3
PSY6110	Interpersonal Communication & Therapeutic Qualities	3
PSY6125	Multicultural Perspectives in Counseling	3
PSY6180	Psychopathology	3
PSY6120	Christian Principles of MFT	3
PSY6190	Marriage & Family Therapy Assessment	3
PSY6400	Psychopharmacology	2
PSY7400	Advanced Personality Theory	3
PSY7200	Biopsychosocial Influences of Behavior	3
PSY8820	Supervision in MFT	3

TOTAL UNITS: 35

AREA II: CLINICAL PRACTICE

PSY6800	Supervised Practicum	3; 9 Total
PSY5230	Disaster, Trauma & Abuse Response	2
PSY5240	Family Violence: Detection, Intervention & Treatment	2
PSY6350	Treatment of Couples	3
PSY6150	Treatment of Children	3
PSY6300	Treatment of Older Adults	3
PSY7350	Advanced Treatment of Families & Couples	3
PSY7001	Advanced MFT Theories: Intergenerational Models	3
PSY7002	Advanced MFT Theory: Strategic, Structural, & Experiential Models	3
PSY7003	Advanced MFT Theories: Contemporary Models	3
PSY8800	Advanced Practicum	3
PSY8810	Internship	6

TOTAL UNITS: 43

AREA III: PROFESSIONAL DEVELOPMENT

PSY5990	Professional Development I	1
PSY6995	Professional Development II	1
PSY5120	Professional Ethics & Law	3
PSY5225	Child Abuse Detection, Intervention & Treatment	0
PSY6999	Advanced Professional Development	1
PSY7100	Doctoral Seminar	3
PSY8200	Faith Integration & Psychology	3

Choose 6 units from the following courses:

PSY6140	Group Therapy	3
PSY6990	Eye Movement Desensitization & Reprocessing (EMDR)*	3
PSY6900	Seminar in Advanced MFT Topics	1-3
PSY7190	Advanced Methods of Clinical Assessment	3

TOTAL UNITS: 20

AREA IV: RESEARCH & DISSERTATION

PSY5130	Research Methodology	3
PSY6920	Comprehensive Case Prevention	1
PSY7130	Advanced Research Methods I: Theory Construction	3
PSY7140	Statistical Methods I	3
PSY8130	Advanced Research Methods II: Dissertation Development & Writing	3
PSY8140	Statistical Methods II	3
PSY8920	Dissertation	6

TOTAL UNITS: 22

**TOTAL UNITS FOR THE DEGREE: 120 (126)
(DOCTORAL - 60 UNITS, MASTER'S - 60 UNITS)**

ADDITIONAL REQUIREMENTS

Professional Development	100 hours
Clinical Training	500 hours**

**Including at least 400 direct client hours, of which 100 must be relational hours.

*EMDR is an evidence-based practice utilized in the treatment of trauma. The elective offered at HIU fulfills the first step towards EMDR certification as required by the EMDR International Association.